

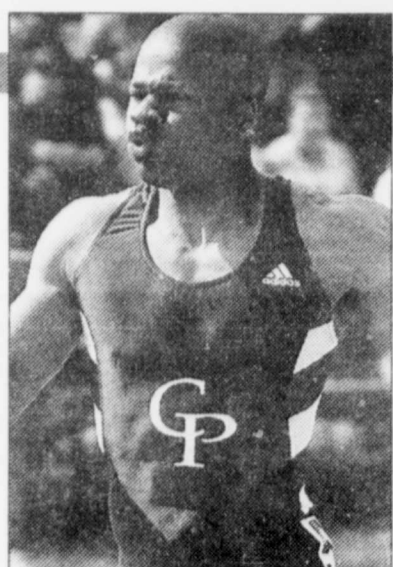
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High: 74°
Low: 49°



Mustang

DAILY

Friday, April 21, 2000

www.mustangdaily.calpoly.edu

Week stirs memories of violence, survival

Sexual assault survivor sends message of hope

By Shannon Akins

MUSTANG DAILY STAFF WRITER

Take Back the Night's guest speaker Deanna Gale, a survivor who persevered over sexual violence, spoke at Chumash Auditorium Wednesday evening to share her disturbing life story of abuse and the recovery techniques she used to overcome tragedy.

"The choice you have is not about what happened to you, but how you choose to deal with it," Gale said.

More than 200 people attended her talk in support of a violence-free campus and community.

Gale's personal testimony began with a poem of hope and led into childhood remembrances of being severely beaten by her stepfather. When Gale became a teen, her mother and stepfather sent her to live with her biological father whom she had never met. He soon began raping her throughout her formative years of 15 to 17. Gale said her only hope was graduating and leaving home. Then, only two weeks after she fled the abuse of her father, two men abducted her and brutally raped and beat her for six hours before the police found her in the rapists' custody.

"I don't trust anyone but myself," Gale said.

Gale's message is clear. You cannot prevent bad things like rape from happening and it's never your fault.

However, there is healing and recovery that can happen, and you can go on with your life and be happy, Gale said.

She spoke of creating a non-violent community. This doesn't just apply to women being victims at

the hands of men. Gale said a lot of men are victims of sexual and physical abuse also. The chance that a man will love a woman who's been

a victim of violence is very high, so awareness is also important for men, she said. Rape statistics back up Gales statements by saying that one of every three



DEANNA GALE: keynote speaker

American women will be sexually assaulted in her lifetime.

"You cannot control what others will do, but you can always depend on yourself to be true to you," Gale said.

The important thing, she said, is not succumbing to depression after you've endured an act of violence. Gale said rape is an act of violence and not merely a sexual act. People who commit these kinds of crimes aren't psychologically normal, she said.

"They themselves have been abused, hurt and are unloved," Gale said. "They need help, and our system isn't set up to help people like that."

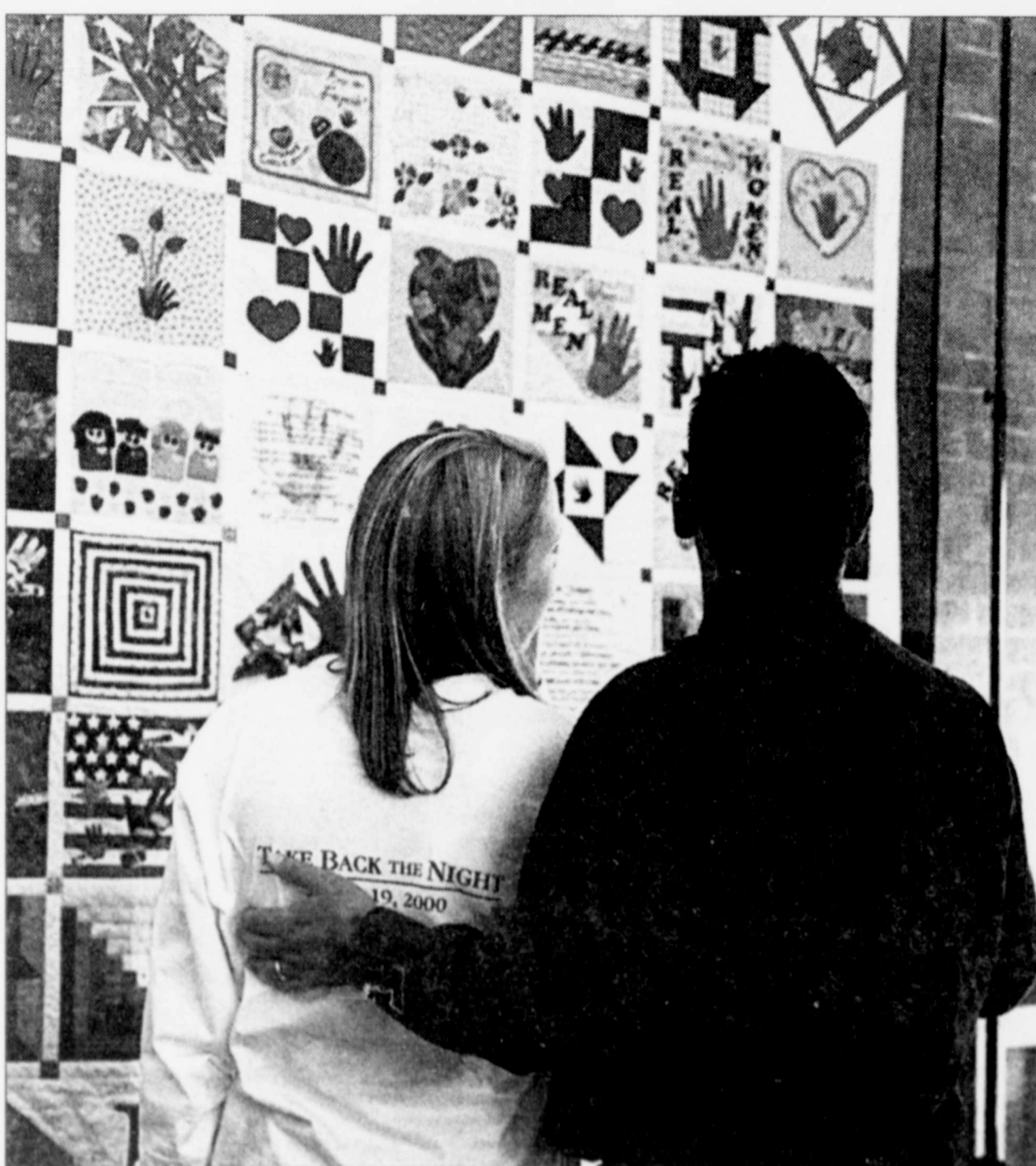
Gale explained some of the steps that are involved in the process of healing. She emphasized that every victim's journey to recovery is unique. But the first step is asking or realizing you need help, she said.

"You have to heal your mind, body and soul," Gale said. "What I did (to heal myself) won't work for everyone. The willingness to try to

see GALE, page 2

The ReMEMber quilt, which includes squares dedicated to victims of sexual violence, is on display in the Women's Center in the University Union. Those who contributed squares shared their stories Wednesday night in San Luis Lounge.

MARKUS SCHNEIDER/
MUSTANG DAILY



JONATHAN DOE/MUSTANG DAILY

Quilters reveal remembrance squares

By Shannon Akins

MUSTANG DAILY STAFF WRITER

Quilters wearing ReMEMber T-shirts in the University Union's San Luis Lounge Wednesday evening shared the stories behind their personal quilting blocks, which, when woven together, became a tribute against sexual violence.

The ReMEMber quilt is an overwhelmingly powerful art piece that is

evidence that a community faced with tragedy can pull together to recognize the numerous victims of sexual violence and the shattered lives that are left behind.

The hope is that people will be healed by what the community has come together to make, said Denise M. Campbell, the ReMEMber quilt project coordinator and special assistant to the provost for university initiatives.

The idea behind the quilt is to stop sexual violence, Campbell said.

The quilt serves as a remembrance of all sexual violence victims. However, it's dedicated to Cal Poly students Kristen Smart and Rachel Newhouse and Cuesta student Aundria Crawford.

A wide range of people contributed 51 unique quilt blocks that

see QUILT, page 2

Colleges reap benefits of restructured Poly Plan

By Jennifer Beard

MUSTANG DAILY STAFF WRITER

After a reconstruction of the Cal Poly Plan in February, 80 percent of its funds will go back to the various colleges and 20 percent will go to Kennedy Library and the Student Affairs division.

"Students sent us a message that they wanted more money to get back to their departments with more local control," said Associated Students Inc. President John Moffatt.

The total estimated budget of the Cal Poly Plan, which is based on next year's enrollment, is \$500,000, Moffatt said. Of that sum, \$400,000 will go to the colleges and \$100,000 will go to the library, Student Affairs and the Cal Poly Plan Steering Committee.

Under the old Poly Plan, all decisions for the use of the money had to go through the individual college's steering committee and then to the

Cal Poly Plan steering committee. Currently, the Cal Poly Plan steering committee allots funds to each college and allows their individual steering committees to distribute funds throughout their departments as they see fit. The college steering committees are made up of students, faculty and staff.

Each college must use 70 percent of their funds within the college and 30 percent of the funds for collaborative projects with other colleges.

The amount given to each college is based on how much they receive from the total university budget and on the needs of the colleges.

The College of Liberal Arts has a two-year plan set for the use of its funds, which amount to approximately \$95,000. Associate Dean Susan Currier said that pending final approval from the university, the funds will be used for a variety of programs.

Currier said these programs include additional speech courses; a Polylingual International

Resource Center that would teach foreign languages not currently offered at Cal Poly; and tools for sculpture students to use outside of the studio.

The college's plan came about as a result of several meetings of its steering committee. The committee is made up of two students, two staff and four faculty members.

"Everyone had to write in their proposals about what the direct benefits to students would be, as well as following along with the Cal Poly Plan," Currier said.

David Wehner, associate dean of the College of Agriculture, said his college received \$57,500 in funding but has made no concrete decisions on where the money will go. Wehner said the college will be making proposals in May.

The library, Student Affairs and the steering committee receive the last 20 percent of the Cal Poly Plan's fund. The library will receive \$24,000

see POLY PLAN, page 2

According to Plan

The allocation of Poly Plan money was based largely on how much each college or program receives from the total university budget.

| College | Percent of total budget | Poly Plan allocation |
|----------------------------------|-------------------------|----------------------|
| Liberal Arts | 20 percent | \$95,000 |
| Engineering | 18 percent | \$77,000 |
| Science and Math | 16 percent | \$81,000 |
| Agriculture | 12 percent | \$57,500 |
| Steering Comm. | n/a | \$41,000 |
| Architecture and Environ. Design | n/a | \$40,000 |
| Business | n/a | \$38,500 |
| Student Affairs | 8 percent | \$34,000 |
| Library | 6 percent | \$24,000 |
| Teacher Ed. | n/a | \$10,500 |

POLY PLAN

continued from page 1

in funding through the plan.

"Almost all the library projects are collaborative in nature. We think they will be beneficial to students and faculty as far as access to new technologies," said library Dean Hiram Davis.

Some of the library's projects include the continuation of an online media library and expansion and upgrade of the media lab and electronic reserves, which will consist of information scanned from reserves and put

up on the Internet.

Student Affairs will receive approximately \$34,000, and The Cal Poly Plan steering committee will receive \$42,000. The money held by the steering committee is a safety net for the various colleges on campus. If they need more money to work on a project, they can petition for money from these funds.

Not all of the colleges have formed plans for the funds. Colleges must present their proposals to the Cal Poly Plan steering committee by May 19 for review in June.

GALE

continued from page 1

heal will work."

Gale said there's a lot of unconscious energy and bad memories that have to come out. She said the idea of hashing through painful memories is scary. However, reliving the painful experiences is healing, she said.

QUILT

continued from page 1

fabricated the queen-sized remembrance quilt. About 75 students, faculty and community members spent the last year working on some aspect of the quilt. All of the quilt contributors had personal motivations behind the 10 inch by 10 inch quilt block they designed.

"(My mother) died three years ago," said Ardith Tregenza, coordinator for Judicial Affairs. "She took a small shelter and turned it into a shelter for domestic abuse victims. It gave women a place to live and offered programs and counseling to help them."

Tregenza quilted two quilting blocks for the ReMEMber quilt: the first for her mother and the second to remember all Cal Poly community victims of sexual assault.

"(Quilting) allows women a creative outlet to express their feelings and bring things together," Tregenza said. "It's an individual thing (one person does) that bonds people together."

At the unveiling, different artists stood up in front of the audience and told the emotional story behind their

"No matter what, you have the right to say 'No,'" Gale said. "No" at any point."

Take Back the Night shouldn't be about supporting only women but rather about supporting a humanity that is against violence, she said.

Gale spoke at Cal Poly on behalf of Take Back the Night, a week of sexual violence education and remembrance.

block, often overwhelmed by tears.

"Quilting has been the way women have healed themselves for decades," Campbell said. In one day Campbell stitched the 80 names of victims of sexual violence that are at the bottom of the quilt.

"It's an art form that has a greater purpose — comfort and healing," Campbell said.

Quilting was an important part of slavery, she said. They were used as photo albums and more importantly to convey secret messages between slaves, she said.

"Scraps of nothing would be woven into something beautiful," Campbell said.

One block was dedicated to a family member who was a slave. In the commemorative block registry, the dedication reads, "To honor Julia Brown, my great-great grandmother, who was victimized during slavery. She was born in Virginia and was later sold into slavery to the Brown family in Corydon, KY. She was required to serve as a concubine to three of the Brown siblings."

The quilt will be on display in the Women's Center until it goes on the road to be exhibited at other universities to help heal others.

Donation Week urges donors to tell families

By Sarah Goodyear
MUSTANG DAILY STAFF WRITER

It takes more than a red dot on a driver's license to make someone an organ donor.

As part of National Organ Donation Week, Cal Poly was home to Organ Donation Awareness Day Thursday during University Union hour.

KSBY News, Cellular One and Subway sponsored a booth on Mott Lawn where students could pick up organ donation cards and have their organ donation questions answered.

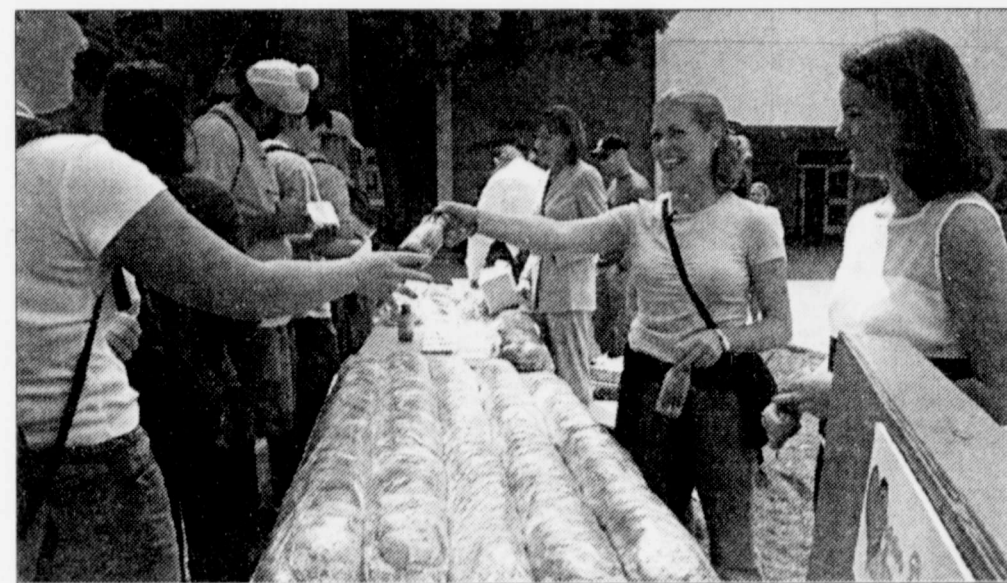
KSBY anchors Jill Rickett and Jennifer Mandulay talked with students while serving them free Subway sandwiches and Frappuccinos, as well as handing out donor awareness flyers. Animal science senior Carrie Shellhammer, who is in need of a double lung transplant, was also on hand to answer questions.

"We're not asking people to sign up," Rickett said. "We're giving everybody an organ donation card and saying, 'More than anything, think about this.' The main goal for the day is to get the information out so people can make an educated decision."

By the end of the hour, there was still a line of students and four of the six-foot sandwiches had been devoured.

Shellhammer saw the day as a chance to tell donors that they must discuss their decision with their families.

"People really need to talk to their families because that's been the



MARGARET SHEPARD/MUSTANG DAILY

Animal science senior Carrie Shellhammer hands free drinks to students on Mott Lawn Thursday. Shellhammer, who needs a double lung transplant, is trying to increase organ donation awareness.

biggest misperception that I've heard people say. They think that as long as they have the dot on their license, they're going to be an organ donor. Really, the decision would come down to their family, and it would be so much easier for their family at the time if they had discussed it earlier," she said.

The free food didn't hurt in attracting student attention.

"I have to say the free food was the initial attraction. Beyond that, it was interesting and touching to hear Carrie's story," civil engineering senior Matt Davis said.

Davis has the organ donor dot on his driver's license, but has never really talked to his family about it.

"One thing that they're emphasizing today that I've learned is that it's more important that I tell my family than just having the sticker on my

I.D.," Davis said.

Shellhammer has primary pulmonary hypertension. It is a condition that closes off blood vessels in her lungs, causing her heart to overwork itself to keep blood flowing.

Nationwide, more than 60,000 people are waiting for organ transplants. Shellhammer is one of 50 people on the University of California, San Francisco waiting list for lung transplants.

Medication helps keep Shellhammer's condition controlled, but many waiting for donations are not as fortunate. Ten people die each day while waiting for organs.

KSBY has been conducting a six-week campaign on organ donation awareness. The campaign will conclude Sunday with an hour-long documentary and news highlight show beginning at 7 p.m.

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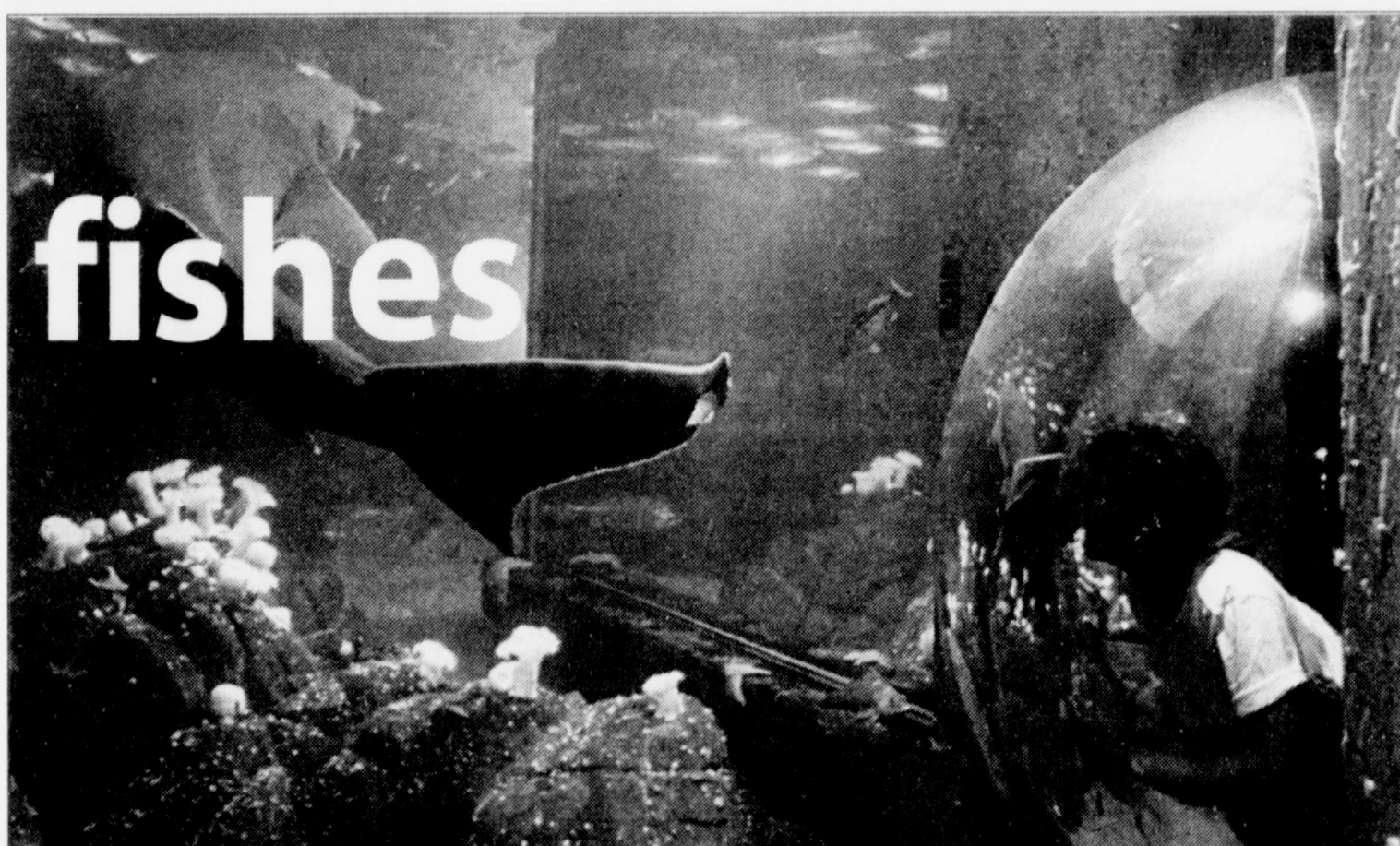
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Swimming with the fishes



COURTESY PHOTO

A bubble window in the Monterey Bay Aquarium gives you an inside view of the sharks and fishes.

Take a road trip to Monterey Bay

By Katherine von Stein
MUSTANG DAILY FEATURES EDITOR

The Monterey Bay Aquarium is a road trip waiting to happen. Visitors can explore a diverse range of exhibits, including giant ocean sunfish, sharks, bat rays, tunas and sea turtles.

More than 300,000 plants and animals represent the 571 species of mammals, invertebrates, reptiles, birds, plants and fish inhabiting Monterey Bay.

"It's a great place to visit," said Steve Schueneman, a recent materials engineering graduate and Monterey native. "I like to watch the sharks

swim around. The feeding sessions are pretty interesting too."

The sea otter feeding shows take place three times a day, and the Kelp Forest dive shows start twice daily.

Mechanical engineering senior Jason Muzzetta and business junior Keara Keller have visited the museum twice.

"We went back for the sunfish," Kieran said of their most recent visit. The aquarium has a million-gallon tank, the biggest fish tank in the world, especially for this large fish.

The "Mysteries of the Deep" exhibition features 40 uncommon species obtained in a mile-deep submarine canyon of Monterey. The 55,000-gallon sea otter exhibit gives visitors an up-close experience with these playful animals. The feeding shows promise a first-hand look at otters' voracious eating habits. In the wild, a sea otter

consumes up to 25 percent of its body weight per day.

Monterey is about a two-and-a-half hour drive from San Luis Obispo on Highway 1.

While in the area, Schueneman said he recommends Wharf number one and Cannery Row for lunch and shopping. Del Monte Beach and the Asilomar coastline are also good places to check out. The Asilomar coastline has a lot of rocks with waves crashing over them. "It is some of the most scenic coastline you'll see anywhere," Schueneman said. Visitors should also consider Point Lobos, a state wildlife reserve.

The Aquarium recommends that visitors allow at least three hours to appreciate the exhibits. You may want to leave early in the morning to ensure a full day.

Tickets are sold at the Aquarium (although there always seems to be a long line) and by phone. You can also buy your tickets via the Internet, at www.mbayaq.org. Admission is \$15.95 for adults and \$12.95 with student ID. The aquarium is open from 10 a.m. to 6 p.m. daily and opens at 9:30 a.m. during the summer months.

Learning to guide river rafting trips

While most students flocked to warm beaches for spring break, nine Cal Poly students, including myself, headed north to the American River to become certified White Water Rafting Guides.

We spent eight days paddling boats, navigating rapids, rescuing distressed swimmers, rigging Z-lines and experiencing the local river night life, which, if you've never been to Coloma, can be quite interesting, to say the least.

By the end of the week, we all came away a little sunburned and a lot more experienced in the art of raft guiding.

Now that Cal Poly has nine new river guides itching to get back out on the water, look for upcoming rafting trips offered through Poly Escapes. Rivers we plan to visit include the American, Kern and Kings. Since the trips are through Poly Escapes, the cost will be less than what commercial outfitters charge.

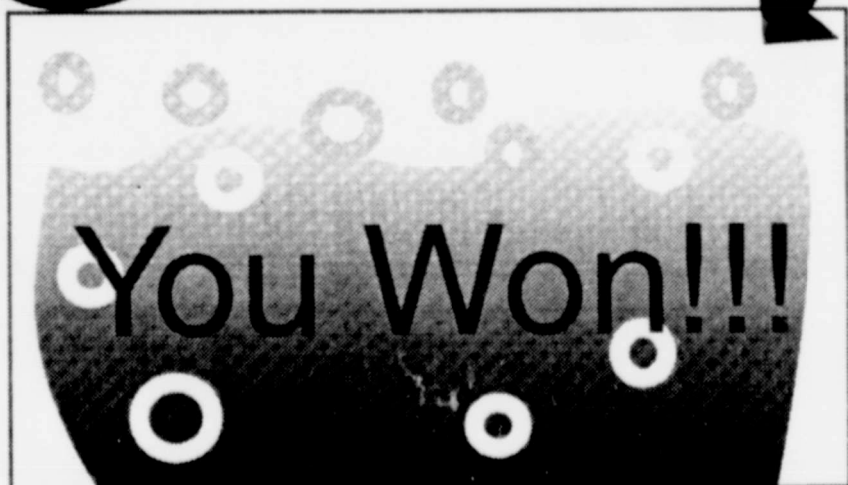
Will Hoida is a recreation administration senior who writes a weekly column for Get Out.

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The issue: Employment drug testing

It's necessary for integrity | Privacy is compromised

We live in a country where our lives are based upon ideals of freedom and privacy, yet in order to get a job, we must give up our privacy by submitting to a drug test.

"We like your resume. Here, take this cup; the restroom is down the hall." If you have the skills behind you, it shouldn't matter what you do outside of the work environment.

According to the American Toxicology Institute, the purpose of pre-employment testing is to identify a drug user prior to hiring. They say it has been well established that a significant number of job-related accidents are drug/alcohol related and that companies including post-accident and probable-cause testing in their program have a significantly lower incident of injury claims.

This is all well and good for employers, but what about employees? Recreational drug users who don't use drugs during work can still be denied jobs even though they are responsible about their usage. Even those who use marijuana for medical purposes are put at risk.

Especially in the realm of medical use, it's no one's right to know what you do outside of work. Suffering and pain are not something you want to share with your employer. You want to do what you need to do to reduce the pain so you can perform on the job.

In a study released in January, the American Civil Liberties Union concluded that the federal government's drug testing program pays \$77,000 to identify one drug user. This seems a little excessive.

A recent survey of 63 Silicon Valley companies found that instead of increasing employee productivity, drug testing actually reduces it.

If you scare your employees with the notion of random drug tests, they're not going to perform as well. Those who use drugs to relax might stress out because they have stopped using and fallen out of their regular routine. As we all know, if we fall out of our routine, we're a little off for the rest of the day.

The Fourth Amendment says that warrants are not required for drug testing in incidences where people have been involved in accidents or matters of safety, and positions where they come in contact with firearms. It doesn't say anything about any private individuals applying for a job.

I understand the need to provide a safe work environment for all employees. I wouldn't want someone who is high on drugs to operate heavy machinery or carry a firearm, but outside of these positions, sometimes it is worthwhile to take a risk on someone who could turn out to be a great employee.

One site on the Internet, www.cleartest.com, offers solutions for those who are afraid of testing positive. The site offers a variety of products from urine additives that destroy toxins and concentrated urine in tablet form to Ready Clean drinks and Clear Choice shampoo.

Read the fine print on the application. Not all jobs require drug testing, but those that do probably also reserve the right to perform random drug tests. Some employers may let you take the test again if you turn out positive; others may not be so gracious.

Jennifer Beard is a journalism senior and a Mustang Daily staff writer.

Students in search of summer jobs may find employers requiring them to take a drug test as part of the application process. It is in the best interest of the company to require these tests.

The use of drugs impairs judgment, can lead to employee safety problems, and interferes with business activities. Companies are interested in having dependable, trustworthy, efficient employees, and drug testing is one way of screening for these qualities.

Having drugs or employees under the influence can also lead to costly legal situations for a company. In an effort to prevent future problems, employers are using the tests as part of the application process.

An April Business Wire report stated, "More than 90 percent of Fortune 500 companies have implemented some type of drug prevention program, most of which involve drug testing."

Not too many students will be working for Fortune 500 companies this summer, but the trend is spreading throughout the small to mid-sized business sector, thanks in part to the availability of reliable, low-cost testing resources.

Employers pay for the tests and may provide them on site.

Let me tell you a little about where I work. CCS Mailorder is a company that sells skateboarding products throughout the United States, as well as a number of foreign countries. Employees, a large number of whom are Cuesta and Cal Poly students, handle incoming calls and enter orders and catalog requests into computers.

When I applied for the job over a year ago, I was sent to the Family & Industrial Medical Center to take a drug test at my convenience after the interview. At the interview, the sales manager outlined CCS' strict drug policy to me.

The personnel policy guide I received states:

"The use of illegal drugs and the abuse of legal drugs is a matter of grave concern to CCS. Consumption of alcohol or drugs prior to or while working is strictly prohibited. The

use, possession, or transfer of any intoxicants, controlled substances, alcohol, or related paraphernalia in any manner during work hours, while on the job, or while on CCS property is strictly prohibited. If you are taking any drug or medication, whether or not prescribed by your physician, which may adversely affect your ability to perform work in a safe or productive manner, you must report such situation to your supervisor."

Furthermore, any employee suspected of violating this policy is subject to testing at any time.

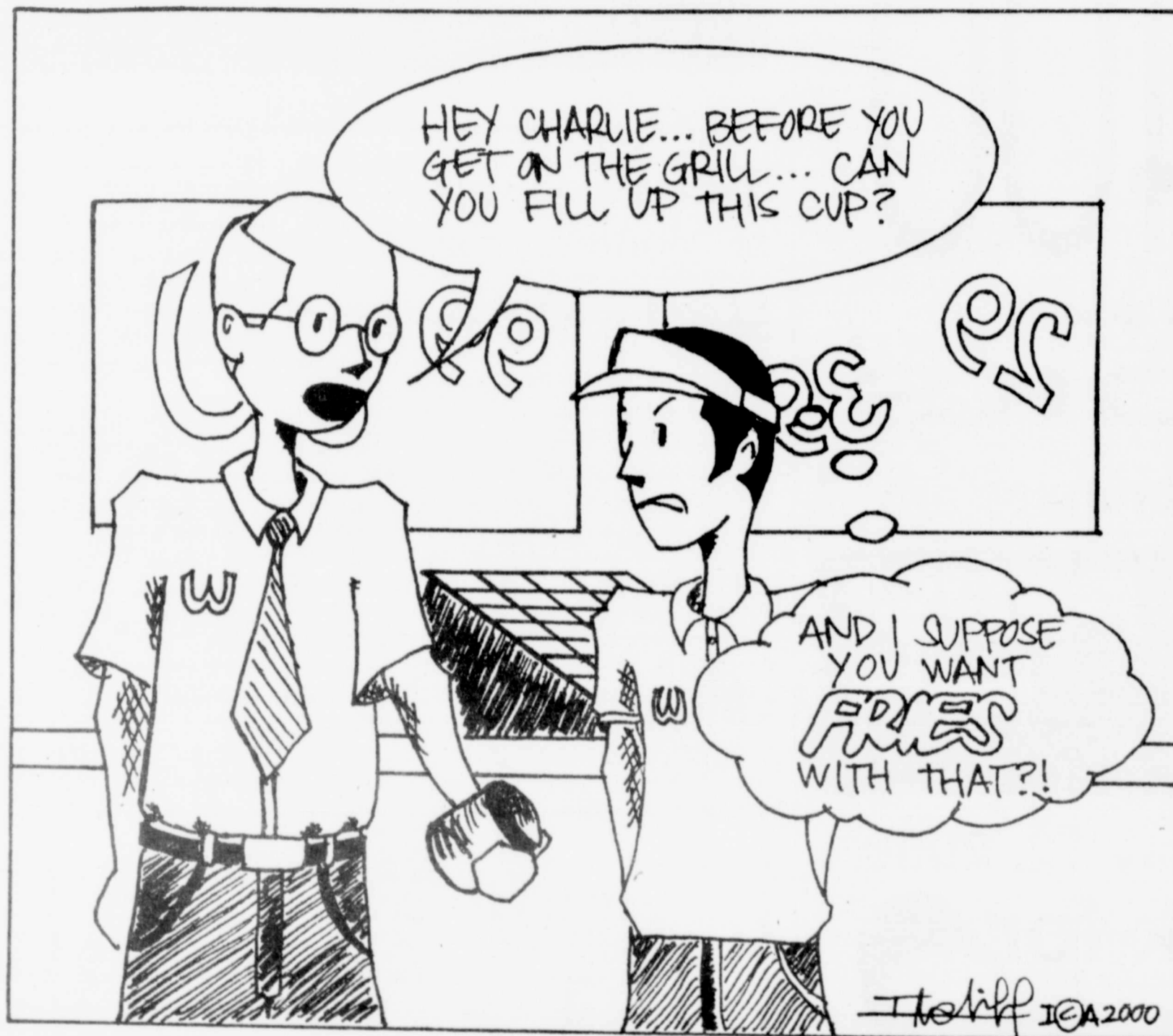
My manager explained that CCS' main concern was the safety of its employees. The use of drugs can impair judgment and reaction time, which can lead to job site accidents and injuries.

Most companies care about their employees. They want to see the business succeed, and success is dependent on the people they hire to conduct business.

Employers have a right to know if an employee is capable of carrying out business on a consistent basis. The use of drugs impairs this ability.

I view the test that I took as just another part of the application process that proved that I was capable of providing service to CCS. I had to fill out an application to outline my sales training and take a typing test to prove my computer literacy. The drug test was a way of proving I was a trustworthy and reliable applicant.

Sarah Goodyear is a journalism junior and a Mustang Daily staff writer.



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"My ass can fit on your scanner, therefore it's small."

Be Earth Day aware this year

Earth Day's 30th anniversary is coming around this weekend, April 22. This Saturday people all over the world, San Luis Obispo residents alike, will engage in one full day educating each other on the importance of preserving the earth's natural resources.

One day a year dedicated to the earth is hardly enough. Every day needs to be the earth's day. The earth is our lifeline. People do have to be taught to respect the earth to become accountable and stand up against people and corporations that disrespect our earth.

The national theme of this year's Earth Day is "Clean Energy Now!" The effort this year is encouraging everyone to switch to clean and renewable energy like solar and wind power. The Earth Day Network is asking for backers of clean energy to send notes to Congress that call for the cleanup of inefficient coal-run power plants. More importantly, supporters are asking Congress to stop subsidizing the coal, oil and nuclear industries. They're demanding the expansion of investment in efficient and renewable

energy that's clean.

The main focus of Earth Day is centered on education. Educating people about keeping our earth healthy should occur every day. Since the younger generations are going to inherit the earth, they should learn about preserving the earth at home from their parents and at school. Parents should model good preservation duties, like recycling and conserving energy.

In San Luis Obispo, at the Mission Plaza, the energy theme will be addressed by many informational booths, displays and performances. Solar energy will be used to help generate power for the performances.

People's awareness about preserving the earth began in '70s after a growth in environmental concerns gained national support in the '60s. In 1963, President Kennedy made the environment a national issue when he traveled across country promoting a conservation tour that pointed out the failing state of the environment.

However, other people, namely environmentalists, claim they were the founders of Earth Day. For

instance, former Sen. Gaylord Nelson felt he should be credited with the creation of Earth Day. It's debatable about who actually came up with the movement, yet that debate seems irrelevant. Anyone with a conscience should realize that you cannot exploit the earth's resources without having to pay in the future.

This year marks San Luis Obispo's 10th annual Earth Day celebration. Chumash Elder Pilulaw Khus began the Earth Day celebration at dawn on March 21 in San Luis Obispo County this year. This day was chosen because it's believed to be the first morning the entire world woke up to spring. International celebrations are also usually held on the spring equinox.

It's comforting to know many San Luis Obispo county eco-friendly businesses, which help us be earth-conscious every day. These businesses pride themselves in using products and practices that demonstrate the concerns everyone should have for the environment.

Shannon Akins is a journalism Mustang Daily staff writer.

Hollywood fame doesn't make you a good journalist

What makes a journalist?

Is it a college degree? A job at a major network? A passion for words and information?

The truth is, I don't know. But, I hope the answer lies within the third option.

Recently I heard of Leonardo DiCaprio interviewing President Clinton for an ABC Earth Day special. From what I can tell, this is his first journalistic act and an inappropriate way to enter the field. It is merely a stunt to glorify himself and discredit the true journalists of America that is not based on any true passion for the news.

The difference between the news media and the entertainment media is often subtle, but vital nonetheless. It's a symbolic difference based on geography. The entertainment and news worlds of America are separated by the entire nation. In the west we find Hollywood, home to much of the entertainment industry. Clear across in the northeast is New

York, the hub of journalism.

As much as they blend, they are still thousands of miles apart.

It seems that every talk show host — daytime and late night — is a product of Hollywood, not of New York.

For shows such as the Tonight Show and the Rosie O'Donnell Show, it's perfectly appropriate to leave them in the domain of Hollywood (even though many are taped in New York). What these shows need is a peer to the celebrities that frequent them. These are not the entertainers-turned-journalists I disapprove of. They aren't journalists, but hosts and commentators.

It's the Titanic-star types who think their name can offer instant credibility as a member of the news media that offend my professional sensibilities. Take also Candice Bergen. As an actress she played Murphy Brown, a stellar journalist not afraid to ask the hard questions. In reality it seems she forgot where the role as a journalist stopped and her true talents began. Laughably, she reportedly auditioned for "60 Minutes."

Let's look for a minute at how honorable members of the media jumped from one profession to the next without losing credibility in the process.

A perfect example is "The View" on ABC. At first glance, and from the impression of the opening, each of the five daytime divas come from different, non-news media backgrounds. However, in actuality, each of them worked up to their current positions in journalism. Although it's sometimes light in nature, their show still looks at serious world events. It's not "Dateline," but I don't question their journalistic abilities — abilities that came gradually.

Star Jones was a prosecuting attorney, but became a legal analyst/correspondent for Court TV and NBC news. Her television career is a direct product of her professional training.

Lisa Ling has been working in the news business since she was asked to co-host the teenage television news show "Scratch" at age 16. She isn't the just the young attitude they were looking for in her.

Joy Behar was first a comic. She went on to host a radio talk show and to a gig as Comedy Central's correspondent at the Democratic National Convention. She has learned to blend her comic talents with a honest accounting of the news.

Merideth Vierra is a journalist by career, having positions ranging from the local news to producing national news programs. No wonder she is basically in charge at the table when Walters is absent.

That leads me to Barbara Walters. Enough said.

Perhaps the success of The View stems from the varied careers these women have had within the field of journalism, not from their random beginnings.

So it's fine, Leonardo, if you want to interview the leader of the free world. But you ought to start a little closer to Hollywood.

Adam Jarman is a journalism sophomore and a Mustang Daily staff writer.

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Spring 2000

Outdoor Guide

Moondoggies Beach Club: 'We live surfing'

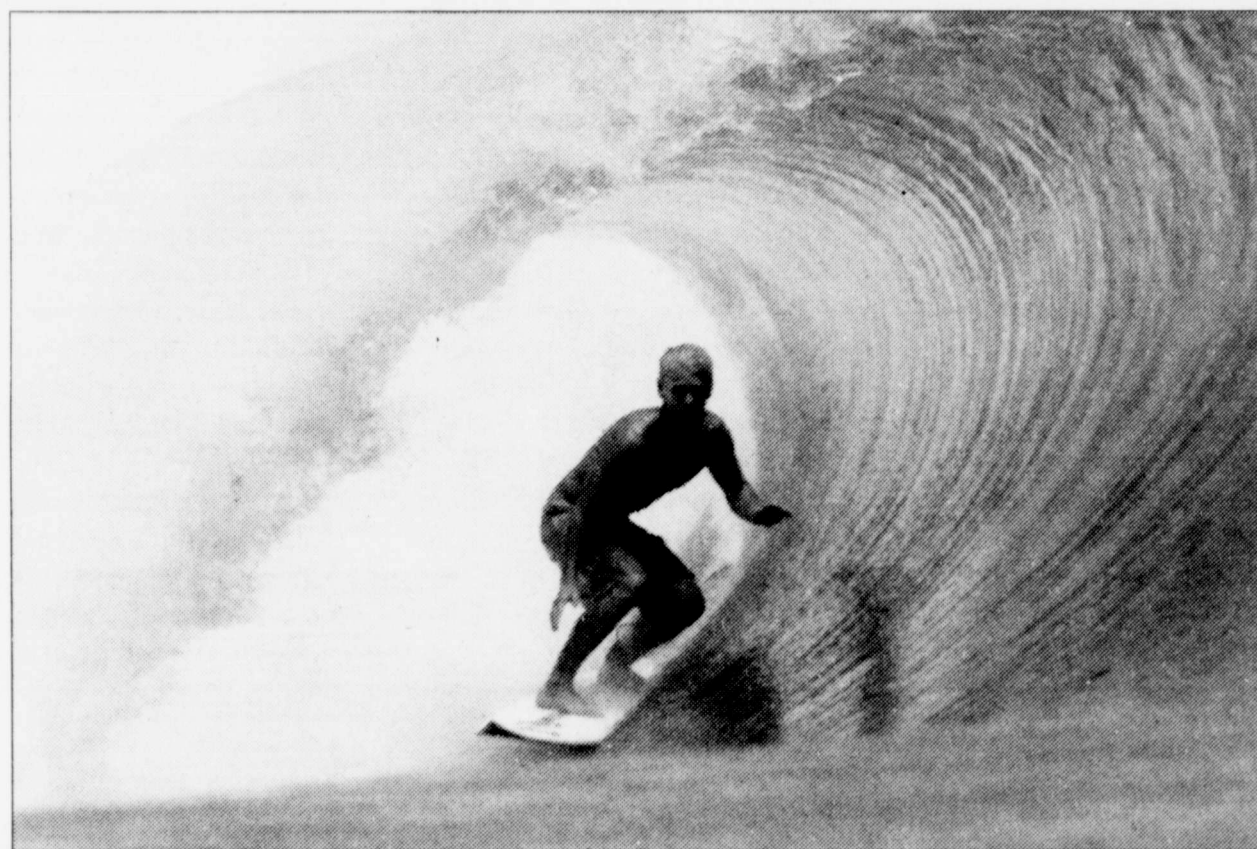
Of course they are considered the beauties of the sea. Their smooth forms coasting along the crests of waves, their natural shapes speckling the ocean for beach watchers to view with envy.

Granted, if these shapes were anything but the surfers to which I am referring, we might have an article for National Geographic. As it happens, surfers are the topic of discussion today, and more importantly, the place to go for all your surfing lifestyle makeovers: Moondoggies.

Moondoggies' employees live by the motto, "We don't just go surfing, we live surfing," and their customer service shows this in true form.

Moondoggies is more than just a surf shop, their helpful staff will direct surfers of any level to the best site for the fattest waves.

If you're just starting out in the sport, Moondoggies is a great place to pick up



your first board. Not only do they have one of the widest selections on the Central Coast, but their custom board shapers can work with even the most experienced surfer to design a board that is specific to your individual needs.

With a complete retail line of hooded sweatshirts, shoes, board shorts and a full line of women's apparel, Moondoggies is proud of its stock of over 10,000 pairs of walking shorts on site.

In addition to their clothing in stock, you will find sunglasses, watches, sticker-logos, and a full range of wet suits.

Surf shops might seem like gas stations here of the Central Coast, so the object is to find one where you will feel more than just welcome.

Moondoggies staff will let you in on their knowledge of the sport as well as the lifestyle.

Whether you need advice on picking out your first board, or considering expanding your horizons to skim and body boarding, let the guys at Moondoggies show you why they are a household surf-shop name across the state.

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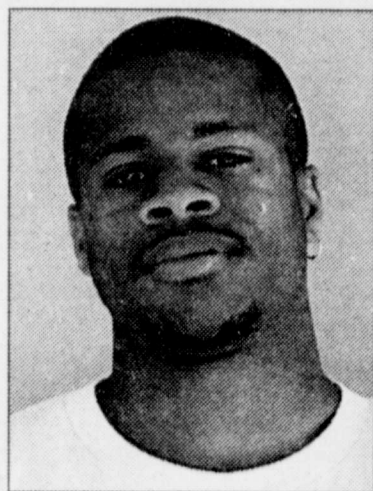
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Spring 2000
Outdoor Guide?

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Kaaron Conwright: sprinter**Highlights**

► Holds the Cal Poly record in 100 at 10.22.

► His personal best time of 10.22 last year at the Big West Track and Field Championships qualified him for a chance to attend the Olympic trials.

► Ran a wind-aided 10.12 seconds in the 100 at the 1999 NCAA Outdoor Championships.

Statistics:

Height: 5'8"

Weight: 165 lbs

Class: Senior

Hometown: Inglewood

► Second on Cal Poly's all-time list in the 200 at 20.69.

► His mother and father are both runners and his sister ran track at USC.

CONWRIGHT

continued from page 8

Olympic Committee to pay your way, a time of 10.07 is needed. The last time a Cal Poly athlete has attended Olympic trials was more than five years ago when Erica Ahmann competed in the discus competition.

The senior from Inglewood has always been a talented athlete, although he says his talent for track was discovered on accident. In his freshmen year of highschool, Conwright was playing baseball when the track coach heard of Conwright's speed and asked him to come down to the track and run. After batting practice, Conwright walked down to the track where he beat everyone "by a substantial amount." His track career was born.

Upon coming to Cal Poly, Conwright was under full scholarship to play football. However, after his freshmen year, Conwright says the football program became "too much" for him and he began to turn his focus towards the track.

"I decided that football wasn't going to be my ticket. I had more fun running track," Conwright said. "I enjoyed the people's company who I was involved with and decided track was better suited for me."

Although he had strong reservations about attending Cal Poly, Conwright now believes the environment here has been perfect for training

purposes and he has grown to love the small town life.

"There are very little distractions here. The only trouble you can get in is the trouble you find yourself," Conwright said. "The weather is usually nice, and combine that with no distractions and it's good for training."

Training is a major part of Conwright's daily routine. He estimates he spends 15 to 20 hours a week in physical training. He also has to monitor his diet to ensure he stays in top shape. This means lots of carbohydrates and other protein-filled meals.

Despite all his hard work, the four-time All-American chooses not to accept personal credit for his accomplishments. Instead he attributes a large part of his abilities to genetics.

"My mother and father both are great runners," Conwright said. "My sister ran track at USC, so I guess I come from a family of good runners."

Such modesty seems to come easy to Conwright. In between talking about his accomplishments on the track he was quick to point out he loves to go to the movies and be with his girlfriend. He also noted he is quite handy in the kitchen.

In last week's track and field invitation at Long Beach, Conwright took second in his heat of the men's 100 with a season best 10.24. As the season begins to wind down, Mustang track and field head coach Terry Crawford believes Conwright has what it takes to take his career beyond the collegiate level.

"I think he has all the qualities

needed to go on to be a successful post-collegiate athlete," Crawford said. "He's very self-motivated and determined. It's been great to see him mature over the years."

In spite of her high aspirations for the graduating senior, Crawford says it doesn't make it any easier to lose such a high-caliber athlete.

"He's really brought a lot of attention to our sports department through his personal achievements," said the eighth-year coach. "To have an All-American performer and team leader leave is hard to replace."

Teammate Nuno Costa also reflected on Conwright's impact on the team.

"Kaaron is an inspiration to all of us. He goes out there with the attitude to work hard and keep everyone focused," said Costa. "It rubs off on the rest of the team."

Costa was also confident in Conwright's ability to be successful in the upcoming months.

"He's been to the NCAAAs a couple of times before. He'll also be an All-American again this year and will definitely be in the top five in both the 100 and 200 races."

With only a handful of meets left and graduation less than two months away, the English major looked back at his Cal Poly experience and could only smile.

"I've learned to become a man here. I've learned to overcome adversity and adapt," Conwright said. "I've become my own person, and it's taken a small town to do that."

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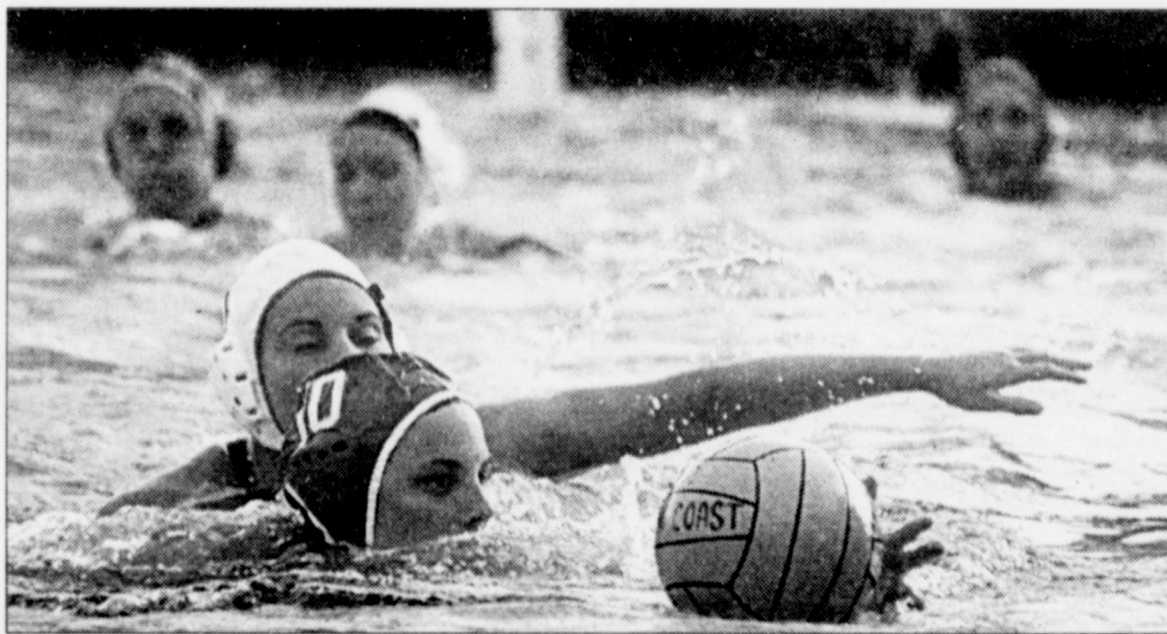
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Princeton Review (805) 995-0176

The fastest man in the Big West

By Christian von Treskow
MUSTANG DAILY STAFF WRITER

There is an Olympic hopeful on campus, but don't blink or you might miss him.

His name is Kaaron Conwright, and after capturing the conference title in the 100-meter dash two straight years, he has solidified his position as the fastest man in the Big West.

His personal best time of 10.22 last year at the Big West Track and Field Championships has already qualified him for a chance to attend Olympic trials in Sacramento this summer. However, Conwright says he has yet to run his best and he looks at the rest of the season as a time to bring it to the next level.

"Technically, that race I ran a 10.22 was not one of my better runs. I got a slow start and felt sluggish," Conwright said. "I think I am just starting to hit my peak now and feel dipping into the nine second range is possible."

Despite what he felt was a lackluster run, the 10.22 time earned Conwright the distinction of becoming Cal Poly's all-time top performer in the 100-meter dash. His fastest

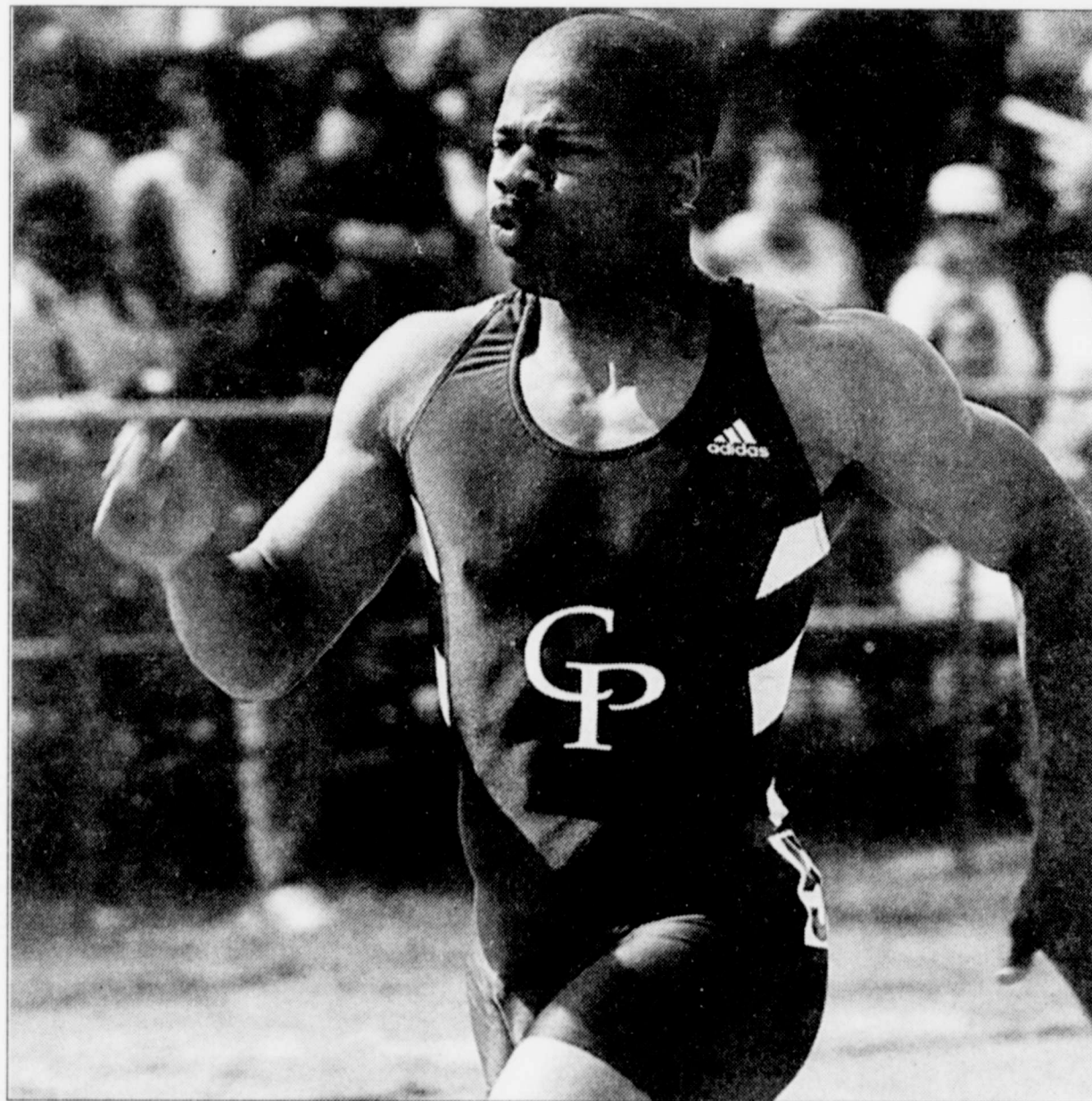
"I think (Kaaron) has all the qualities needed to go on to be a successful post-collegiate athlete. He's very self-motivated and determined. It's been great to see him mature over the years."

Terry Crawford
head coach

time to date was a 10.12 run in a semifinal heat in the 1999 NCAA Outdoor Championships. The time couldn't be considered official however because of the excessive wind on the track that day. Conwright went on to also capture second in the 200-meter race with a time of 20.69. That time also landed him second on Cal Poly's all-time 200-meter list.

At the Olympic trials, Conwright will face the fastest runners from across the nation. In order to qualify, a sprinter must have an official time of 10.22 or better. If you want the

see CONWRIGHT, page 7



Senior sprinter Kaaron Conwright has already earned a trip to Sacramento to compete in the Olympic trials in the 100-meter dash. Conwright holds the Cal Poly record in the 100 with a time of 10.22 seconds. The Mustangs will compete today in Austin, Texas at the National Collegiate Invationals.

GREGG COBARR/
COBARR
PHOTOGRAPHY

Freshman first baseman Holly Ballard drills a pitch earlier this year. The Mustangs play host to New Mexico State this weekend, including a special Youth Softball Appreciation Day Sunday.

STEPHEN
KEMPERT/
MUSTANG DAILY



Softball at home vs. New Mexico State

MUSTANG DAILY STAFF REPORT

The Cal Poly softball team plays host to New Mexico State Saturday after earning its first 200 Big West Conference win last weekend.

The struggling Mustangs (13-28, 1-14) continue on with Big West play after dropping their first 13 conference games this season.

The Mustangs lone win came in the second of a three-game series last weekend at Utah State. Cal Poly came from behind to pick up the 3-2 win after freshman Carrie Schubert walked with the bases loaded, scoring sophomore Jackie Wayland to break a 2-2 tie. The seventh-inning rally gave the Mustangs their only win of a series

in which Cal Poly dropped close games of 1-0 and 2-0.

Offensively, Wayland led the way, going 3-for-3 with 2 RBI in the win.

Also, Nicole Dansby continued her hot hitting for the Mustangs, picking up four more hits and scoring a pair of runs. She leads the Mustangs in batting with a .336 average.

Sunday's game against New Mexico State will also feature a special promotion for youth softball players. The first 200 players to arrive in uniform will receive a free mini-bat courtesy of El Corral Bookstore as part of Youth Softball Appreciation Day.

Sports Trivia

Yesterday's Answer:

Eric Lindros was originally drafted by the Quebec Nordiques.

Congrats Tim Lucas!

Today's Question:

Who won the NHL Most Valuable Player award in 1990 and 1992 playing for two different teams?

Please submit sports trivia answer to: sports@mustangdaily.calpoly.edu
Please include your name. The first correct answer received via e-mail will be printed in the next issue of the paper.

Briefs

Former Poly wideout signs with Atlanta

SUWANEE, Ga. (Reuters) — The Atlanta Falcons announced Thursday that they claimed and were awarded wide receiver Kamil Loud, who was waived by the Buffalo Bills last Friday.

Loud was the Bills' fifth receiver last season and caught just six passes for 66 yards in seven games. He was released by Buffalo last week when the Bills cut several players to get under the league's salary cap. The Bills would not have been allowed to take part in the league's entry draft without getting under the cap.

Originally a seventh-round pick out of Cal-Poly San Luis Obispo in 1998, Loud played in five games as a rookie and caught his first NFL pass in a playoff loss to Miami.

Loud will likely compete for the same role with the Falcons behind starters Terance Mathis and Shawn Jefferson and backups Tim Dwight, Jammi German and Ronnie Harris. Atlanta did not select a receiver in last weekend's NFL draft.

Loud, who played at Cal Poly from 1994-97, holds the school record for career receiving yards (3,124), receptions (169), receiving touchdowns in a career (26), and receiving yards in a season (1,098).

Schedule

TODAY

- Track and field at Nat'l Collegiate Invationals
 - at Austin, Texas
- Baseball vs. CSU Fullerton
 - in SLO Stadium
 - 5 p.m.

SATURDAY

- Track and field at Nat'l Collegiate Invationals
 - at Austin, Texas
- Baseball vs. CSU Fullerton
 - in SLO Stadium
 - 1 p.m.
- Softball vs. New Mexico State
 - at Cal Poly
 - noon and 2 p.m.